



# JUNIOR MEETING PACKET

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## Class of 2025



Find this packet online at <https://www.barnegatschools.com/Page/10643>

# Barnegat High School

## JUNIOR MEETING PACKET - Class of 2025

Please view our [College Planning Presentation](#) if you are interested in attending college after high school!

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Check out the [BHS Counseling web page](#). Helpful links are provided for colleges, test preparation, career information, financial aid, and more. Also, all of our Counseling Department annual presentations including Senior College Planning and Financial Aid can be found on our website.

## Graduation Requirements and Testing

As per the NJ Department of Education, you must meet one of the following cut scores from the below chart in English and Math in order to graduate high school.

	ELA	Mathematics
<b>First Pathway:</b>	<ul style="list-style-type: none"> <li>New Jersey Graduation Proficiency Assessment (NJGPA) — ELA <math>\geq 725</math> (Graduation Ready)</li> </ul>	<ul style="list-style-type: none"> <li>New Jersey Graduation Proficiency Assessment (NJGPA) — Mathematics <math>\geq 725</math> (Graduation Ready)</li> </ul>
<b>Second Pathway:</b>	One of the following: <ul style="list-style-type: none"> <li>ACT Reading <math>\geq 17</math></li> <li>ACCUPLACER WritePlacer <math>\geq 5</math></li> <li>ACCUPLACER WritePlacer ESL <math>\geq 4</math></li> <li>PSAT10 Evidence Based Reading and Writing (EBRW) <math>\geq 420</math></li> <li>PSAT10 Reading <math>\geq 21</math></li> <li>PSAT/NMSQT EBRW <math>\geq 420</math></li> <li>PSAT/NMSQT Reading <math>\geq 21</math></li> <li>SAT EBRW <math>\geq 450</math></li> <li>SAT Reading <math>\geq 23</math></li> </ul>	One of the following: <ul style="list-style-type: none"> <li>ACT Math <math>\geq 17</math></li> <li>ACCUPLACER Elementary Algebra <math>\geq 49</math></li> <li>Accuplacer Next-Generation QAS <math>\geq 250</math></li> <li>PSAT10 Math Section of PSAT/NMSQT Math Section <math>\geq 420</math></li> <li>PSAT10 Math or PSAT/NMSQT Math <math>\geq 21</math></li> <li>SAT Math Section <math>\geq 440</math></li> <li>SAT Math Test <math>\geq 22</math></li> </ul>
<b>Third Pathway:</b>	<ul style="list-style-type: none"> <li>Meet the criteria of the NJDOE Portfolio Appeal for ELA</li> </ul>	<ul style="list-style-type: none"> <li>Meet the criteria of the NJDOE Portfolio Appeal for Math</li> </ul>

### NJ Graduation Requirements - High School Credits

English	20 credits
PE and Health	20 credits
Mathematics	15 credits
Science	15 credits (including Biology)
History	15 credits (5 in World, 10 in US History)
World Language	5 credits (at least 10 recommended)
Visual & Performing Arts	5 credits
Career & Technical	5 credits
Financial Literacy	2.5 credits
General Electives	17.5 credits

**\*Students need a minimum of 120 credits to graduate**

**\*\*Attend Bengal Bootcamp for help from certified teachers and SAT prep.**

# Post-Secondary Options

## Undecided?

If you're not sure what you want to do after graduation, start with [Naviance](#).

- Self-Discovery section
  - Contains a variety of personality and interest inventories to help direct you towards future careers that may interest you
- Careers Section
  - Allows you to search for more information on a variety of careers. Information can include required studies/degrees, job outlook, daily tasks, average salaries, and more.

## Military

- Branches
  - [Army](#)
  - [Navy](#)
  - [Marines](#)
  - [Air Force](#)
  - [Coast Guard](#)
- [ASVAB](#): Armed Services Vocational Aptitude Battery
  - [ASVABpracticetests.com](#)
  - More Information about ASVAB and score requirements at [military.com](#)
- Explore your options, learn about each branch, and make an informed decision
  - [Choosing the right military branch](#) example guide
- Speak with a recruiter about your options
  - [Example Questions to ask your recruiter](#)

## Vocational/Technical Programs

- [Ocean County Vocational Technical School](#)
  - [Application for After High School Admission](#)
  - Offers accelerated 10 month programs and part time, 2 year programs
- There are a number of other vocational and technical programs available
  - Here is some helpful information about [choosing vocational programs](#)

## Entering the Workforce

Do you have a job lined up?

- [New Jersey Department of Labor - Office of Apprenticeship](#) - Matches career-seekers with apprenticeships so you can earn while you learn
- [New Jersey Department of Labor - Career Services](#) - Resources specific for NJ job-seekers
- [Ocean County One-Stop Career Center](#) - Ocean County resources for individuals seeking employment and assistance

## College: 2-year and 4-year

More information on next page

# College and Career Planning

- [Naviance](#) - Online college and career research tool to help with post-graduation planning; all BHS students have access. See “**Naviance Instructions**” on [Junior Meetings page](#) of Counseling website.
  - USERNAME: Barnegat email address
  - PASSWORD: temporary password was emailed to you; use Reset Password tool if necessary
  - “Colleges” Section
    - College Search using “SuperMatch”
      - Discover colleges of interest based on criteria such as location, size, major, campus setting, etc.
    - Indicate colleges that you are interested in “Colleges I’m Thinking About”
    - Upcoming college representative visits under “College Visits”
    - “College Events” provides filtered search for upcoming tours and open houses
  - “Self Discovery” section
    - Complete interest and personality inventories to help you discover potential careers and majors
    - Explore career options based on results of Self Discovery Assessments
- Visit our [web page](#) for a variety of helpful college and career resources and sites
- View our [College Planning Presentation](#) for more information regarding colleges, careers, and financial aid
- College Visits are an important step in choosing colleges
  - College visits are an Excused Absence (must present paperwork proving you went to a college visit to Attendance Office)
  - Visit the counseling page to see resources for [visiting campuses](#).
- College representatives visit BHS throughout the school year. All students are welcome to meet with College Admission representatives in the cafeteria during lunches. List of college visits will be available on the Counseling website and on the bulletin board near the Attendance Office.

# Ocean County College

## **Advantages to attending OCC**

- Cheaper tuition
- Close to home. Save money by living at home.
- No essay, Letters of Recommendation, or test scores (SAT) required
- “Clean slate”: Chance to develop a stronger transcript for transferring to a 4 year college.
- Opportunity to participate in athletics / activities

## **Pathways program**

- Reps from OCC will visit BHS to meet with Seniors in English and/or PE classes to discuss opportunities through OCC in the Fall.
- Session 1: College 101
- Session 2: Financial Aid information

## **NJSTARS**

- Students who rank in the top 15% of their class at the end of junior year or senior year are eligible.
- Free tuition for the Associates Degree, up to five semesters. Does not apply to summer courses.
- GPA of 3.0 must be maintained to keep eligibility.
- [NJSTARS II](#) program can pay an additional \$1250 per semester upon transfer to NJ state school.

## **Early College @ OCC**

- Earn college credits taking OCC courses while still in high school.
- Reduced tuition rate
- Flexible scheduling options: main campus, SEC, Hybrid Flex, Online
- Extensive course options: [General Education courses approved for Early College](#)
- View [OCC’s tutorial video](#) on how to register yourself for classes.

## **Transferring to 4-year college**

- For students who earn an Associates Degree at OCC, credits earned are guaranteed to transfer to any 4-year public NJ state university
- Most colleges will accept credits earned at OCC
- Students are encouraged to speak with receiving institution regarding their policy on accepting transfer credit.
- Check [njtransfer.org](#) for information regarding transferring credits and colleges’ acceptance policies.

# Standardized Test Dates

BHS CEEB Testing Code: 310062

**Fee waivers** are available for students who meet [eligibility requirements for free or reduced lunch](#). Complete Barnegat Township School District's [online free/reduced meal application](#) to determine eligibility.

**SAT** - Register at [sat.org](https://sat.org)

## 2023-2024 SAT dates:

**March 9, 2024**            Registration deadline: Feb 23 (late registration: Feb 27)  
**May 4, 2024**            Registration deadline: April 19 (late registration: April 23)  
**June 1, 2024**            Registration deadline: May 16 (late registration: May 21)

## Anticipated 2024-2025 dates:

**Aug. 24, 2024**            (Anticipated date)  
**Oct. 5, 2024**            (Anticipated date)  
**Oct. 11, 2024**            **SAT SCHOOL DAY** (Register through BHS)  
**Nov. 2, 2024**            (Anticipated date)  
**Dec. 7, 2024**            (Anticipated date)

- **Beginning with March 2024 administration, SAT is digital.**
- Students must download the [Bluebook App](#) to their device **before test day!**
  - If you took digital PSAT, your Barnegat Chromebook already has Bluebook installed.
- Once Bluebook is installed, students have access to full-length practice exams.
  - [Digital SAT Quick Start Guide](#)
- After taking a full-length practice exam, students have access to Khan Academy's free, personally-tailored practice, videos, tutorials, and test-taking strategies.
  - [Khan Academy Digital SAT Prep](#)

**ACT** - Register at [actstudent.org](https://actstudent.org)

## 2023-2024 ACT dates:

**Feb 10, 2024**            Registration deadline Jan (late registration: Jan 22)  
**April 13, 2024**            Registration deadline March 8 (late registration: March 24)  
**June 8, 2024**            Registration deadline May 3 (late registration: May 19)  
**July 13, 2023**            Registration deadline June 7 (late registration: June 21)

**ASVAB** - Armed Services Vocational Aptitude Battery - Information at [officialasvab.com](https://officialasvab.com)

**March 28, 2024**

# 4 Year College Admission Considerations

## What are Colleges considering?

- Transcript
- Grades / Overall GPA
- Rigor of courses
- SAT / ACT scores
- Essay
- Letters of Recommendation
- Volunteer Work
- Demonstrated interest (BHS visits, tours)
- Activities and leadership positions
- Personal Accomplishments
- Resume
- School Profile
- Community Involvement

## Student Athletes

If you want to play sports at a Division I or Division II college, you MUST register with the [NCAA Eligibility Center](#).

- Test scores must be reported to the eligibility center from either ACT or SAT using code 9999.
- Students must submit a Transcript Request Form to their counselor for the Eligibility Center.

## Other Things You Can Do

- Make a sports resume reflecting your athletic achievements and stats
- Ask your high school coach to write you a letter of recommendation or to contact college coaches on your behalf
- Make contact with the coach at every college you are interested in attending (contact information is easily found on college websites)
- Email your resume and current athletic schedule to the college coach
- Try to arrange an unofficial/official visit at the college

Visit NCAA's page for more [information for future student-athletes](#).



# General Timeline for College Planning

## JUNIOR YEAR

### Spring:

- Register and/or prepare for spring/summer SAT
- Maintain your list of 'Colleges I'm Thinking About' on Naviance (consider colleges of varying selectivity)
  - College Supermatch tool is an excellent way to find colleges that match your preferences
- Use Career and Personality Assessments in Naviance to help determine future career goals
- Attend college fairs
- Take tours / attend open houses at colleges of interest
  - Check with college websites to see if they will offer these events in person
- Think about teachers you might ask for Letters of Recommendation

### Summer:

- Continue visiting colleges
- Create a resume of all activities, work and volunteer experiences (Naviance: 'About Me' -> 'Resume')
- Open communication lines with colleges regarding sports and special activities (i.e. music, drama)
- Register and prepare for August/October SAT/ACT
- Continue to refine college list on Naviance
- Gather documents for financial aid - class of 2025 will use 2023 tax returns
- Begin applications! Typically open about August 1. [Common App](#) is a great place to start.

## SENIOR YEAR

### Fall:

- Senior meeting with counselor
  - Credit/graduation review
  - Finalize college planning
  - College application process
- Continue/finalize applications
  - Be aware of deadlines, especially if considering early action/early decision
- Talk with at least two teachers to ask them to write a Letter of Recommendation for you
  - Officially request Letters of Recommendation through Naviance
  - Fill out Counseling and Teacher Recommendation Forms
- Link Common App with Naviance account
- Complete FAFSA (opens Oct. 1)
- Send official SAT score reports to colleges through College Board account
- Visit with college admissions reps in BHS cafeteria (list posted on Naviance and in Counseling office)
- Attend college fairs (College Night at Jersey Shore in Toms River in October; Atlantic City college fair first week of November)
- Visit college campuses if you have not already done so

# Important College Planning Vocabulary

- **Naviance** - Online college and career planning tool. Also the method school counselors send official transcripts, letters of recommendation, and other school documents to colleges.
- **Common Application** - Online college application used by over 800 colleges and universities. Students complete the application once but can use it for multiple colleges.
- **Direct to Institution Application** - Online college application that is specific to just one college. This application is completed online through the school's website.
- **Letters of Recommendation** - Letters written for students applying to college by BHS staff members (in most cases). Students must request these letters and typically will not read them.
- **Teacher/Counselor Recommendation Forms** - BHS form given to staff members upon student request for letter of recommendation, highlighting student's goals and accomplishments. Yellow form for teachers; blue form for counselors.
- **FAFSA** - Free Application for Federal Student Aid. This is often a first step in applying for financial aid and is required for all students attending college. Can be completed beginning Oct. 1 of Senior year.
- **Grants** - Gifted money for education that does not need to be paid back. Typically given based on family financial need.
- **Scholarships** - Gifted money for education that does not need to be paid back. Typically given based on merit for items such as grades, test scores, or athletics
- **Loans** - Money offered to students that must be paid back. There are a wide variety of loans available both federal and private. Loans will need to be paid back with interest.
- **Transcript Request Form** - BHS form to be submitted to counselor once application has been electronically submitted. This form indicates to counselor that official school documents must be sent. School documents will not be sent without this form.
- **Regular Decision** - Students apply to a college by a specific deadline date.
- **Early Decision** - Students apply to a college in early fall of their senior year and notification is sent by mid-December. (You can only submit one early decision application).
  - **If accepted, the student has a binding commitment to attend this school, and all other applications must be withdrawn.**
- **Early Action** - Similar to Early Decision, except there is no binding commitment to attend the school if you are accepted, and other applications can be made.
- **Rolling Admission** - Admission decisions are made on a continuous basis and notification is sent within 3-4 weeks after receipt of application materials.